



Section 5: Rewire the Machin Quiz

1. My brain has an operating system that affects my money choices.

- True
- False

2. Marketing experts rely on neuroscience to make ads effective.

- True
- False

3. My brain connects information to create mental maps and habits.

- True
- False

4. Most mental maps can change, but money mental maps cannot change.

- True
- False

5. My lizard brain makes, logical, well thought out decisions.

True

False

6. Fight, flight, or freeze is all about survival.

True

False

7. I can access my Inner Einstein by staying calm and content.

True

False

8. Good decisions are easy to make when I'm exhausted.

True

False

9. Lots of choices make decisions easier.

True

False

10. Mirror neurons are why I get caught in my partner's stress (or happiness).

True

False

1. True
2. True
3. True
4. False
5. False
6. True
7. True
8. False
9. False
10. True

Answers: